

THE  
BEAUTY  
THERAPY  
CLINIC

# TREATMENT GUIDE



DECLÉOR  
PARIS

# HOLISTIC FACIALS

Decleor's holistic facials are famous worldwide for their heavenly feel and simply stunning results. Every treatment begins with the unique back diagnostic massage; utterly relaxing for you and a wonderful insight to your therapist into your overall state of health – and therefore your precise needs. The use of expert massage techniques and 100% pure, preservative-free Essential Oils address the demands of every single skin type to leave all complexions balanced, comforted and glowing with health.

## ULTIMATE VITAMIN GLOW

*Award winning vitamin facial to leave your skin visibly radiant.*

*Duration 1 hour 15 minutes* £55.00

Power-packed with vitamins and anti-oxidants, this award winning facial melts away stress. Combines a rebalancing Essential Oil elixir plus warm, decongesting mask for skin that's purified, perfectly replenished and glowing.

## OXYGENATING PURE & MATT

*Intensely balancing and detoxifying for visible clarity. Duration 1 hour 30 minutes* £55.00

For instant clarity on dull, devitalised skin, this antibacterial and mattifying facial blitzes spots and shine. Includes Aquatic Plant Powders and an oxygenating power mask for a brighter and shine-free complexion that's simply flawless.

## DIVINE NUTRITION

*Deliciously cocooning and nourishing to comfort and repair.*

*Duration 1 hour 15 minutes* £55.00

The end of dry, flaky skin, our ultra-nourishing facial deeply soothes, repairs and renews. Chestnut Extract boosts crucial lipid production and micro-circulation while nourishing Geranium and Rose feed skin with vital nutrients. By locking-in moisture, complexions are also strengthened against wind, rain and cold making it ideal for anyone who spends a lot of time outdoors. Even the driest complexions are left supremely supple, comfortable and satin smooth.

## HARMONIE CALM

*Desensitises and reinforces stressed, fragile and reactive skins.*

*Duration 1 hour 30 minutes* £55.00

100% organic and 100% natural. This range of product hold 2 organic product certifications. This intensely soothing treatment instantly relieves irritated complexions. Acting like a calming comfort blanket, Blueberry Extract soothes angry, sore skin; a cooling Algae plasticizing mask peels away to reveal a calmer, smoother surface. Redresses all types of sensitivity whether due to stress, poor diet, illness, medication or simply general fatigue. Skin becomes clear, soothed and more resilient to environmental aggressions.



## MOISTURE QUENCH

*Duration 1 hour 30 minutes*

£55.00

Super-hydrating and able to quench even the thirstiest of skins, this deeply moisturising treatment includes a gently effective exfoliation to leave skin smooth, velvety and perfectly prepped for our nourishing AROMESSENCE™ Neroli Amara Concentrate. A nutrient-rich mask drenches skin with soothing, moisture-loving ingredients for a complexion that's rehydrated, supple and cashmere soft.

## VITAL EYES

*Anti-ageing and visibly plumping for a smoother eye zone. Duration 45 minutes*

£50.00

Put the sparkle back! Featuring repairing and intensively hydrating eye masks, this targeted treatment fights fatigue, quenches moisture loss and helps erase wrinkles for a sparkling, rested eye zone.

## DECLEOR ADVANCED ANTI-AGEING FACIALS

Three technologically advanced facials to fight every concern, each with precise and blissful rituals. Based on 40 years of skincare expertise and utilising the latest technological breakthroughs in anti-ageing care, they bring a new lease of life to maturing complexions, offering dramatic improvement in skin tone and clarity.

## HYLAURONIC WRINKLE RESIST

*Anti-wrinkle treatment. 1 hour 30 minutes*

£58.00

This is the secret to youthful skin! Using powerful youth-boosting botanicals, this pampering facial intensively targets the appearance of lines and wrinkles. The mineral-loaded mask lifts, plumps and firms while gentle exfoliation refines skin texture. Bringing dramatic and immediate results, expression lines and wrinkles are smoothed ensuring skin looks luminous.

## FACIAL LIFT YOGA

*Ultimately effective anti-ageing facial leaving the skin plumper and firmer.*

*Duration 1 hour 30 minutes*

£58.00

A unique facial combining the flow, rhythm and repetition of powerful Kobido massage technique with the power of Iris and Lavandula essential oils for smoothed, firmed and luminous skin.

## FACIAL PILATES

*Triple performance to eliminate wrinkles, loss of tone and dryness.*

*Duration 1 hour 30 minutes*

£58.00

Facial Pilates has been created to deliver a natural lift to the face, helping reshape the contours of the facial with a re-cushioning effect. The facial includes a back massage to help you completely unwind & release the mind. After a deep cleansing & three facial massages, your therapist will help lift your skin with a massage using our outstanding Energy Youth Concentrate Mask. This will plump and smooth the appearance of lines & wrinkles, whilst softening & increasing the tone, leaving the skin glowing with rosy youthfulness.



# SPECIALISED FACE TREATMENTS





Following over 20 years of research and development CACI International offers a non-surgical solution to combat loss of muscle tone using CACI micro current facial toning therapy or commonly known as Non-surgical face lift.

Results are visible after the very first treatment but a course of ten treatments is generally recommended. After a course of CACI facial toning treatments facial contours will look lifted and toned. A monthly top up treatment is recommended to maintain results.

## CACI

*Treatment time 60 minutes* £50.00

Course of 10 CACI treatments £400.00

Course of 5 CACI treatments £200.00  
(Need to have had the course of 10)

## DELUXE CACI NON SURGICAL FACE LIFT

*Treatment time 1 hour 45 minutes* £65.00

## SKINBASE MICRODEMABRASION

*Treatment time from 45 minutes* £45.00

This treatment offers a safe and controlled method of skin-resurfacing by gently exfoliating the outer layer of the skin. An excellent solution to open pores and blackheads, reduce scarring, fine lines and wrinkles, improves sun damaged skin with pigmentation marks and much more. Add Decléor's Harmonie mask for a truly calming experience.

## MICRODERMABRASION WITH DECLÉOR HARMONIE MASK

*Treatment time 60 minutes* £48.00

## ELIZABETH ARDEN PRO - ENZYME PEEL

Elizabeth Arden Pro is one unique professional system that can deliver effective deep exfoliating or peeling the skin. Elizabeth Arden Pro Advanced AHA Cosmeceuticals helps to restore your skin to its basic health and fitness. LCA Complex, a powerful combination of lactic acid and essential vitamin antioxidants. Ideal for all skin types including dry, sensitive and problem prone skin and mature acne. It is advised that homecare products are used two weeks prior to any peels and to optimise and prolong salon results on the skin.

## ADVANCED AHA MULTI LAYER PEEL

*Treatment time 45 minutes* £50.00

- A glycolic, lactic, salicylic and citric acid peel suitable for all skin types to deliver a gentle, yet deep exfoliation.
- Ideal for clients who need to get their skin back into a healthy shape and to help delay the signs of ageing or to improve on problem skin.

It is recommended that peels should be part of at least 6 if treating specific skin conditions and concerns. Peels can be integrated with Caci and microdermabrasion course for the ultimate in facial treatments. Alternatively skin peels can be used as a monthly maintenance treatment for healthy skin. The skin specialist will carry out a full skin consultation to ensure best treatment method for your skin.



# BODY TREATMENTS





**DECLÉOR**  
PARIS

## AROMATHERAPY BODY MASSAGE

*Heavenly full body Aromatherapy treatments.  
Duration 1 hour 15 minutes* £55.00

Everyday stresses and strains simply disappear with our heavenly Aromatherapy Massage to either relax, detoxify, tone or stimulate. The incredibly soothing sensation of the Warm Aromatherapy Balms, expertly blended from an exquisite elixir of natural Essential Oils, melt away tension and ease stress for renewed energy and velvety skin.

## DIVINE INDULGENCE FACE AND BODY RITUAL

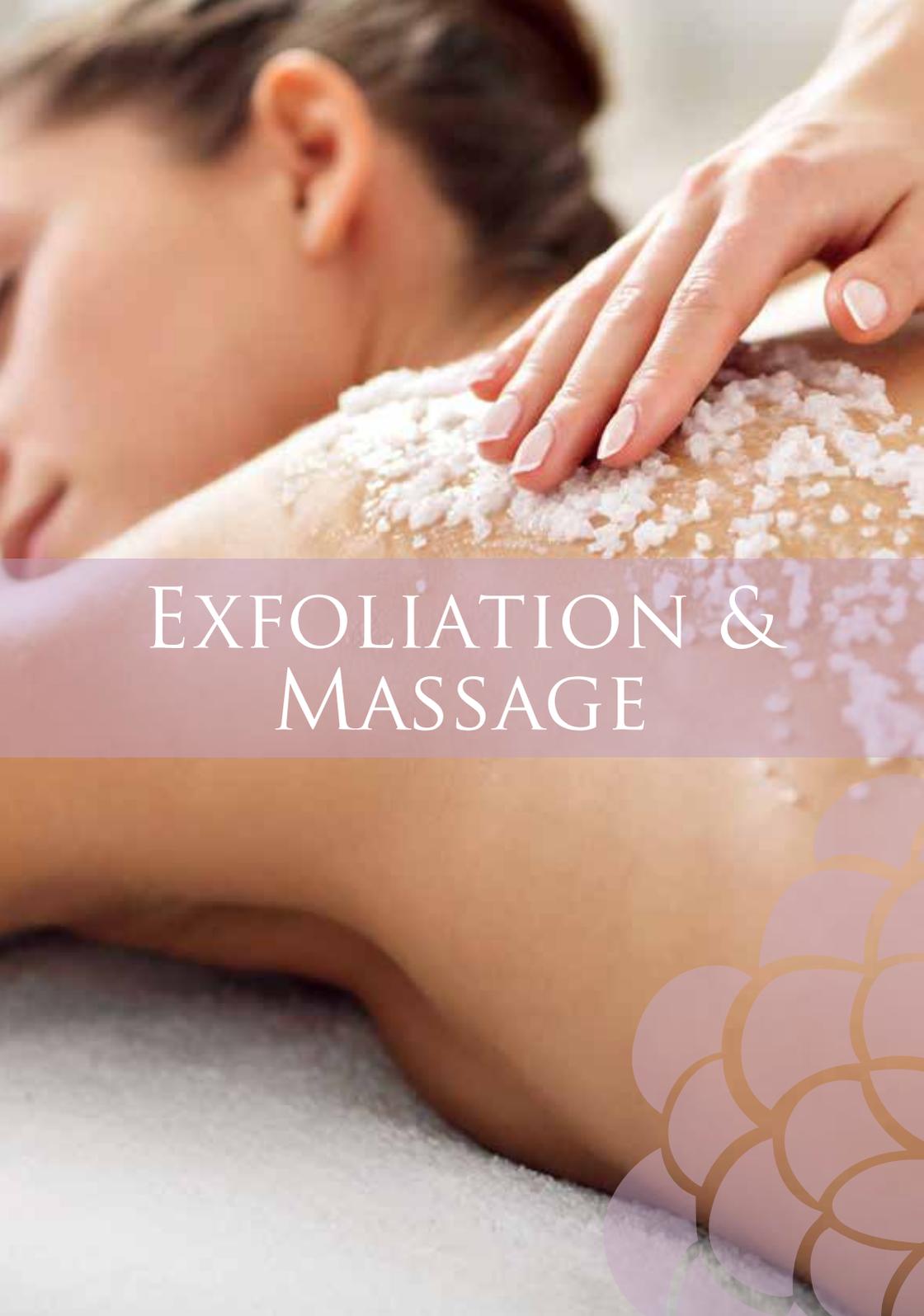
*Anti-ageing top-to-toe to tighten, renew and revitalise using Decleor's premier body range.  
Duration 1 hour 45 minutes* £65.00

DECLÉOR offers the ultimate in a Face & Body Treatment. The most blissful way to soothe the body and mind, you will feel revitalised and the energy levels rebalanced. Skin is left deeply cleansed, perfectly replenished and glowing with youthfulness and vitality.

## DECLÉOR'S AROMATHERAPY WARM STONE MASSAGE

*Divine heated stones relax away muscle tension and strains. Duration 1 hour 15 minutes* £58.00

The most blissful way to soothe body and mind, stress doesn't stand a chance against this divine warm stone massage. Your personalised sensorial journey relies on the therapist's intuitive touch in harmony with smooth, heat-releasing stones. Individually shaped, these magical stones help release tension, soothe aches and rebalance energy levels; the use of luxuriously melting Aromatic Balms ensure skin emerges soft as silk too.

A close-up photograph of a woman lying on her side, receiving a back massage. Her skin is covered in a white, granular exfoliant. A hand with manicured nails is gently massaging the product into her skin. The background is softly blurred, showing the woman's face and hair. A semi-transparent purple banner is overlaid across the middle of the image, containing the text 'EXFOLIATION & MASSAGE'. In the bottom right corner, there is a decorative graphic of overlapping circles in shades of purple and gold.

EXFOLIATION &  
MASSAGE



**DECLÉOR**  
PARIS

## EXFOLIATION:

### FULL BODY EXFOLIATION

*Treatment time 45 minutes* £40.00

A full body exfoliation with a special saffron and herbal balm. This energising exfoliation magically removes dead skin cells leaving the body smooth and invigorated.

### FULL BODY MASSAGE

*Treatment time 1 hour 15 minutes* £55.00

### BACK, NECK AND SHOULDER

*Treatment time 30 minutes* £30.00

### RED ISLAND EXFOLIATING RITUAL

*Massage and exfoliation combined in an exotic body treatment. Duration 1 hour 30 minutes* £58.00

Inspired by the magical island of Madagascar, powdered Fruit Seeds of Orange and Apricot plus Essential Oils and Spices are used to polish and perfect skin leaving it in supreme condition. A delightfully relaxing massage with warm aromatherapy oils then allows your therapist to focus on any areas of tension and stress, re-energising and restoring vitality for skin that's beautifully nourished and exceptionally soft all over.

### DECLÉOR MUM 2 BE

*Safe and nurturing pregnancy ritual, suitable for pregnancies over 12 weeks. Duration 1 hour 15 minutes* £55.00

Relax while your highly trained therapist safely and gently treats your tummy, legs and face to a truly nurturing experience that helps reduce the risk of stretch marks, relieves 'heavy' legs and brightens skin.

## ONLY FOR MEN:

### INTENSIVE ENERGISING FACE TREATMENT

*Kick-starts tired skin and minimises irritations. Duration 1 hour 30 minutes* £50.00

Over-worked and skin showing the strain? This fatigue-fighting, anti-ageing treatment also targets and treats shaving bumps and irritation. An invigorating and hydrating pure energy mask made from Oak and Green Clay decongests deep down to re-energise skin. Combined with stress releasing massage techniques and AROMESSENCE™ HOMME Super serum with active Clove Oil, skin is left relaxed, smooth and healthy looking – reduced beard growth is a bonus!

### MEN'S DEEP TISSUE BACK AND SHOULDER MASSAGE

*The ultimate stress-buster. Duration 30 minutes* £30.00

Feeling the pressure? Whether you've been overdoing it at work or the gym, this highly targeted treatment focuses solely on releasing tension in the back and shoulders. Intensely de-stressing, your therapist customises the level of pressure in a powerful deep tissue massage to break down and disperse all aches and pains caused by tight muscles. Pure Pepper and Cypress Essential Oils aid the potency of the tension busting massage, whilst actively revitalising mind and body... just watch stress levels return to normal.



# HANDS & FEET



## SHAPE & POLISH

*Just what is says! Treatment time 30 minutes* £15.00

## JESSICA NAILS

Jessica focuses on the wellbeing of the natural nail and has the ability to analyse and recognise nail type and treat each nail with specific formulated treatments.

## MANICURE

*Treatment time 60 minutes* £28.00

Hand cleanse, cuticle work, massage and polish.

## FRENCH MANICURE

£30.00

## JESSICA DELUXE MANICURE

*Treatment time 1 hour 15 minutes* £30.00

As above but includes hand and arm exfoliation and mask.

## JESSICA PEDICURE

*Treatment time 60 minutes* £30.00

Foot cleanse, cuticle work, massage and polish

## FRENCH PEDICURE

£33.00

## JESSICA DELUXE PEDICURE

*Treatment time 1 hour 15 minutes* £35.00

As above but includes foot and leg exfoliation, mask and heated booties.

## MAVEX PEDICURE

*Treatment time 1 hour 15 minutes* £38.00

A callous removing treatment that is from Switzerland. This is ideally suited to those clients who suffer from calloused heels and balls of their feet. This treatment can only be added to any of the above pedicures.

## JESSICA GELERATIONS

### GEL OVERLAYS

A permanent nail colour that lasts for weeks without wearing or chipping. Excellent at helping nails to grow. Also works well on toe nails for a long lasting colour.

### FRENCH/COLOUR

£30.00

### INFILLS FRENCH/COLOUR

£25.00

After 2/3 weeks your nails would have grown leaving an area at the back of the nail which needs an infill.

### GEL REMOVAL

*Treatment time 30 minutes*

£15.00

Soak off, including nail tidy.

Please be advised when booking in for a Gel Manicure or Pedicure you must advise us if you need your gels removing.



# GROOMING ESSENTIALS





## WAXING

Full leg inc. bikini	£35.00
Full leg	£28.00
Three quarter leg	£25.00
Half leg inc. bikini	£30.00
Half leg	£22.00
Under arm	£12.00
Bikini	
Extended/Brazilian/Hollywood	£15/£18/£20.00
Eye brow (wax, pluck or thread)	£12.00
Eye brow & lip	£20.00
Upper lip	£12.00
Upper lip & chin	£15.00
Whole face (not eyebrows)	£18.00
Arm Wax	£20.00

## LASH & BROW TREATMENTS

A skin test is required 24 hours prior to treatment for lash and brow tints and eyelash extensions.

### MYLASH LIFT

*Treatment time 40 minutes* £30.00

MyLash lift creates the illusion of longer and thicker lashes. The lashes are also tinted as part of the treatment to give maximum impact.

Eyelash Tinting	£18.00
Eyelash Tint and Eyebrow Shape	£25.00
Eyelash/Brow Tint and Shape	£35.00
Eyebrow Tint	£10.00
Eyebrow Shape	£12.00

## ‘STEREX’ ELECTROLYSIS

Progressively permanent hair removal of unwanted hair by treating individual hair to eventually destroy growth. Sterex Blend or Diatherm available.

Up to 30 minutes	£20.00
Sterex Advanced Cosmetology	from £45.00

For the treatment of facial red veins, skin tags, seborrhoeic warts, milia, verruca, spider naevii and more. Please consult your therapist for prices.

## THREADING

Threading is an ancient skill which uses cotton thread to remove unwanted hair.

Eyebrows	£12.00
Lip & Chin	£15.00
Sides of face	£18.00

## MAKE-UP

Day time make-up	£35.00
Special occasion make-up	£40.00
Make-up lesson	£45.00
Wedding day make-up (Includes a trial and wedding day application)	£70.00

## TANNING

Buff and Bronze £45.00  
Two separate visits to fully prepare the skin for the spray or hand application tan. Please wear loose and dark clothing.

Spray tan/Hand application tan	
<i>Treatment time 45 minutes</i>	£30.00



# HOLISTIC THERAPY





## DECLEROR AROMA BLEND

*Treatment time 1 hour 30 minutes* £65.00

Our expert Therapists will create your very own personally-tailored sculpting massage targeted to your individual needs be it; waistline, thighs and bottom, legs or all three. Whether its pure relaxation, body firming or refining your silhouette, this highly effective massage will ensure your needs will be met.

## INDIAN HEAD MASSAGE

*Treatment time 45 minutes* £35.00

A calming, yet revitalising treatment which stimulates vital energy points and releases accumulated stress and tension. This firm massage focuses on neck, scalp and shoulders.

## HOPI EAR CANDLES

*Treatment time 45 minutes* £35.00

A gentle, relaxing and natural therapy that cleanses and harmonises, creating a feeling of warmth. Balancing pressure in the ears, forehead and sinuses, the candle creates a light vacuum. The soothing treatment softens ear wax and can ease sinus congestion. The treatment includes 2 candles and finishes with a acupressure and drainage massage for the face.

## REFLEXOLOGY

*Treatment time 40 minutes* £35.00

## REFLEXOLOGY INCLUDING PARAFFIN WAX FOOT MASK

*Treatment time 60 minutes* £45.00

An ancient, holistic healing technique using manipulation and pressure to areas of the feet that relate to areas of the body. The technique helps to restore balance, energy flows and circulation to the organs. The treatment finishes with an envelopment of paraffin wax foot mask.

## ALTERNATIVE SERVICES

Clinics for B-tox, peels and fillers are available each month. Please ask for further details

## PACKAGES

**Pre-Holiday Grooming:** Half leg wax, extended bikini, manicure, pedicure and eyebrow shape £95.00

**Me Time:** Jessica manicure, pedicure and spray tan £80.00

**Bliss:** Full body massage, aromaplasty facial, manicure or pedicure £120.00

## GIFT VOUCHERS

Gift vouchers are available for treatments or products and are valid for one year.

## SALON TERMS

24 hours notice is required for cancellation. Please be mindful of keeping to appointment times. Time will be deducted from your treatment time and not the next clients. 50% deposit is required for all treatments over 3 hours.

THE  
BEAUTY  
THERAPY  
CLINIC

